DUTCH KAYAKING FEDERATION

TRAINING & COMPETITIONS ORGANIZATION PLAN

YEAR 2024 / 2025

2024 - 25

KanosprintNL

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	COMPET		TRAIN. CAMP		TEST		LABOLAT		DAYS
MONTH																																INT.	NAT.	INT.	NAT.	INT.	NAT.	Diag	Test	TOTAL
2024																																								
10						6							13							20							27				31									
OCTOBER														1	2	3	ARRAS / F				1	2	3	4	5	6	7	8	9	10	11	4			14					18
																						ROTTERDAM																		
														MEZO I / MICO A1 - A3 / 14.10 - 03.11 / 21 days																											
11			3							10							17							24						30									
NOVEMBER	1	2	3								1	2	3	4	5	6	7	8	9	10	11	12	13	14	12									17			1		17
														ROTTERDAM																										
					B1 04.11-10.11						MEZO I / MICO C1 - C2 / 11.11 - 24.11/14 days																D1 25.11 -														
12	1							8							15							22							29		31								
DECEMBER		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17																17			1		17
				MILFONTES-POR																																				
	D1 - 01			MEZO II / MICRO A1 - A3 / 02.12 - 18.12															B1 19/22.12				MICRO C1/C2, 23/05.01																		
2025																																								
1					5							12							19							26					31							1		
JANUARY						1	2	3	4	5	6	7	8	9	10	11	12	13	14															14					14
								ZAKOPANE - POL																																
				MEZO III / MICRO A1 - A2 / 06.01 - 19.01 / 14 days																			B1 / 20.01 - 02.02																		
2		2							9							16							23						28									
FEBRUARY			1	2	3	4	5	6	7	8	9	10	11	12	13	14	12	16	17														17			1		17
			MILFONTES-POR																																				
			MEZO IV / MICRO A1 - A3 / 03.02 - 19.02 / 17 days																			B1 / 20.02 - 02.03																		
3		2							9							16							23							30	31								
MARCE			1	2	3	4	5	6	7	8	8	10	11	12	13	14	12	16	17														17			1		17
			MILFONTES-POR																																				
			MEZO IV / MICRO C1 - C3 / 03.03 - 19.03 / 17 days																			D1 / 20.03 - 30.03																		
4					T	6							13							20							27			30									
APRIL							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17										1		17					18
									ROTTERDAM																MILAN							2								2
		E1 / 31.03-06					MEZO V / MICRO A1 - A2 / 07.04 - 20.04															MICRO A3						B1/ 28 -05.05												
5				4							11							18							25						31									
					1	2	3	4	5	6	7		1	2	1	2	3	4	3	4	5	1	2	3	4									5		7					12

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